

# Summary



Here's a short summary of the session for you. The video focused on psychological safety for employees and how can we go about creating that safety net in organizations. An imbalance between psychological uncertainty and psychological safety crops up in many organizations. In a knowledge economy, competitive edge comes from innovation. Having proper psychological safety in any organization ensures employees can speak without the fear of retribution. Psychological Safety doesn't mean one has to talk about everything good. One shouldn't be afraid of conflict or be afraid to voice their opinions. Covid-19 has limited our options. Reassurance and providing support is essential. Creating Psychological Safety ensures people feel a sense of belongingness, higher engagement and closer interpersonal relationships.